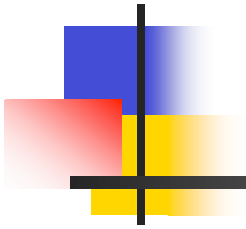


SHARE Iowa



The Community-minded Food
Network



SHARE Your Time

Are you a 4-H leader or a Soccer coach? Do you sing in the church choir, pick up trash on your daily walk, or make a dish for community dinners? Do you take time to pray for those in need, visit a homebound friend, or give of your time in some other way?

If so, you can participate in **SHARE Iowa**, the community-minded food network.



Serve Others and Save Money

SHARE Iowa offers a tasty, nutritious grocery package at half the retail cost in exchange for 2 hours of volunteer service in your community. Choosing where you volunteer is up to you – any good deed qualifies.

Please join with us and others across the country who already share their time.

You'll reap the riches in savings and service to your community!

Save up to 50% on Food

Each Best Value Package (like the sample pictured) includes a wide assortment of frozen meats, fresh fruits, fresh vegetables, and convenience foods just like you see in major grocery stores. And at a savings of up to 50 percent off retail prices!





Service and Savings

One Best Value Package is only \$18.00 plus 2 hours of volunteer service. Additional packages, including meat packages are also available. You can pay for your SHARE packages with cash or EBT/food stamps.



How to participate

SHARE Iowa partners with place of worship, schools, and other organizations to create neighborhood “host sites” to make picking up your SHARE packages fun and convenient.



Ready to order?

Give SHARE a try this month. It is as easy as 1,2,3

1. Call SHARE Iowa for more information on placing an order with your local host site. [1-800-344-1107](tel:1-800-344-1107)
2. Complete your volunteer service during the month.
3. Pick up your SHARE package(s) at your local host site later in the month. Usually the third or fourth Saturday.



And now

the rest of the story...



In the Beginning

SHARE came into being because a group of people who believed it was possible to implement a self-help approach to meet the food needs in their community. The members of the founding group brought diverse perspective and skills to the task of creating SHARE.

The common thread weaving the group into a team was the commitment to create something to deal with hunger beyond the existing traditional emergency programs.

Thus SHARE was born. The first distribution was over 7,000 food packages distributed off the back of semi trailers in the parking lot of Jack Murphy Stadium in San Diego, CA.



In the Beginning cont...

The self-help approach captured the attention of the Teamster's Union, churches of all denominations, businesses, local elected officials, news media, and hundreds of volunteers.

It took all day to distribute the food. After the last truck was loaded, the core team gathered to talk about what had transpired and to share what had been learned.

The team realized that SHARE had much greater potential than the distribution of food.



In the Beginning cont....

Tremendous insight was gained into what it means to be human , to work in solidarity for the benefit of the community, to be a part of a family with members who will never meet. It was a celebration of the spirit.

That spirit lives on in SHARE. We sense it, try to talk about it and find it embedded in the work itself. It is not so much a product, like the food, but an attitude. Knowing this spirit, understanding it and creating an environment for its expression is the ongoing work of SHARE.



In the Beginning cont...

The beginning of SHARE began by word of mouth. As the word spread about SHARE, others wanted SHARE in their communities also.

Every time a new host organization comes into the program it is like the founding of SHARE all over again. People coming together to see what is possible to make a difference for themselves and their neighbors. That is what SHARE is all about!

S.H.A.R.E. (Self-Help And Resource Exchange)

Author: Paulette Hardin



SHARE Iowa History

In the spring of 1992, John and Mary Truitt of SHARE Food in Peoria, Illinois introduced the idea of SHARE Iowa. Through their persistence, support and assistance SHARE Iowa was started.

The first distribution was on October 24, 1992. Paulette Hardin, one of the original founders of SHARE in San Diego, guided SHARE Iowa staff through the first distribution.

SHARE Iowa continues to promote the celebration of spirit. Through this self-help approach, participants continue to make a difference for themselves, their neighbors and their communities.